



**Jessica Myers**  
**LCSW**

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Jessica graduated from Mississippi College with a Bachelor degree in Social Work and received her Master of Social Work degree from the University of Alabama. While in graduate school, she worked with Bradford Health Services focusing on drug and alcohol addiction in teens and adults. Most recently, she has worked with families and caregivers faced with chronic and terminal illnesses. She enjoys both individual and group therapies.

She works with clients of all ages who are dealing with anxiety, depression, stress related issues, phobias, substance abuse and life crises. She is competent in dealing with the complicated and specific issues of adoption and military family life. As a Trust-Based Relational Intervention (TBRI®) practitioner, Ms. Myers supports and trains caregivers in effective treatment strategies to help with at-risk children. She is passionate about helping each person realize their worth and strengths and teaching them to utilize each in their daily lives and relationships.